

# Public Health Sexual Health Update 2022

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# Outline of the Session

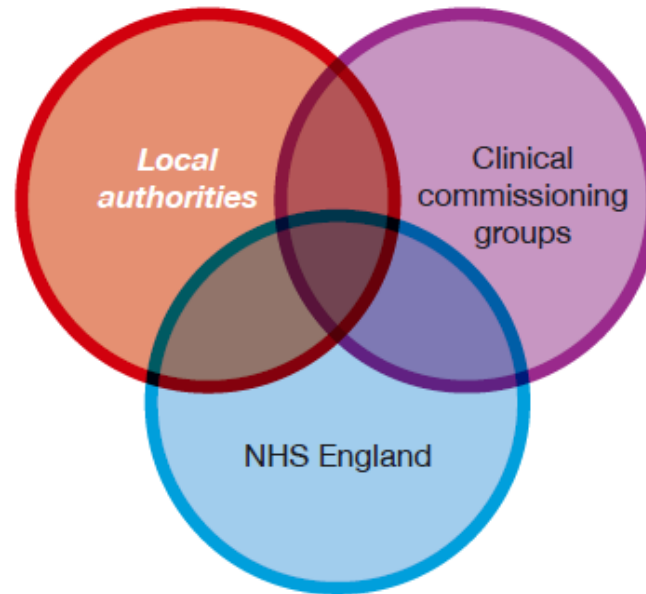
- **Setting the context:** What does Public Health do and key issues for primary care
- **GPs' role in HIV**
- **Sexual Health Services** – what do GPs think we need to improve the sexual health of BNSSG population?

# What does Public Health do?

Wider determinants of health	Health Improvement	Health Protection	Healthcare Public Health
<p>Work with council colleagues :</p> <p>Education</p> <p>Vulnerable communities</p> <p>Green spaces</p>	<p>Commission preventative services:</p> <ul style="list-style-type: none"> <li>• <b>Sexual health</b></li> <li>• Drugs and Alcohol</li> <li>• NHS Health Checks</li> <li>• School Nurses</li> <li>• Health Visitors</li> <li>• Smoking</li> </ul> <p>etc</p>	<p>Infectious diseases: Covid flu, MMR</p> <p>Environmental hazards: air pollution, housing, food</p>	<p>working with and advising NHS to prevent poor health and reduce inequalities</p> <p>Technical specialist support: intelligence, needs assessment, policy, strategy, critical appraisal, leadership</p>

# Sexual health commissioning responsibilities

- **Contraception - LARC**
- **STI testing and treatment**
- **Sexual health specialist services**
- **Prevention of STIs, HIV, unplanned pregnancy**



- **Termination of pregnancy**
- **Sterilisation/ vasectomy**
- **Contraception for gynaecological purposes**
- **GP contract contraception/ STI testing**

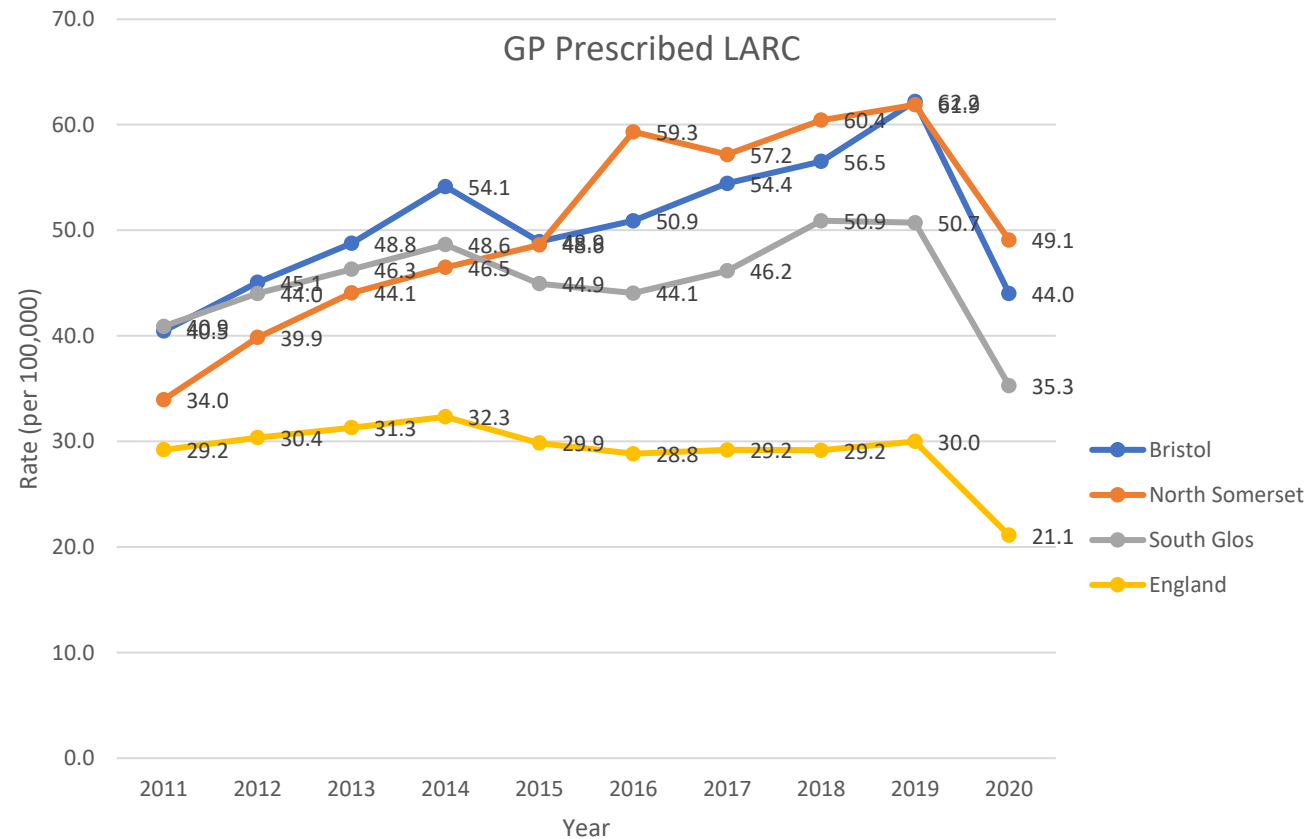
- **HIV treatment**
- **Sexual Assault Referral Centres**
- **HPV vaccination**
- **Cervical screening**

# Public Sexual Health: Commissioning

General Practice	Pharmacies	Unity (UHBW+)
Chlamydia screening LARC: Coils and Implants C Card	Chlamydia screening and treatment  Emergency Hormonal Contraception (and referral)  C Card	Integrated open access specialist service including :  Health promotion STIs Contraception Terminations Young People

# GP Prescribed LARC

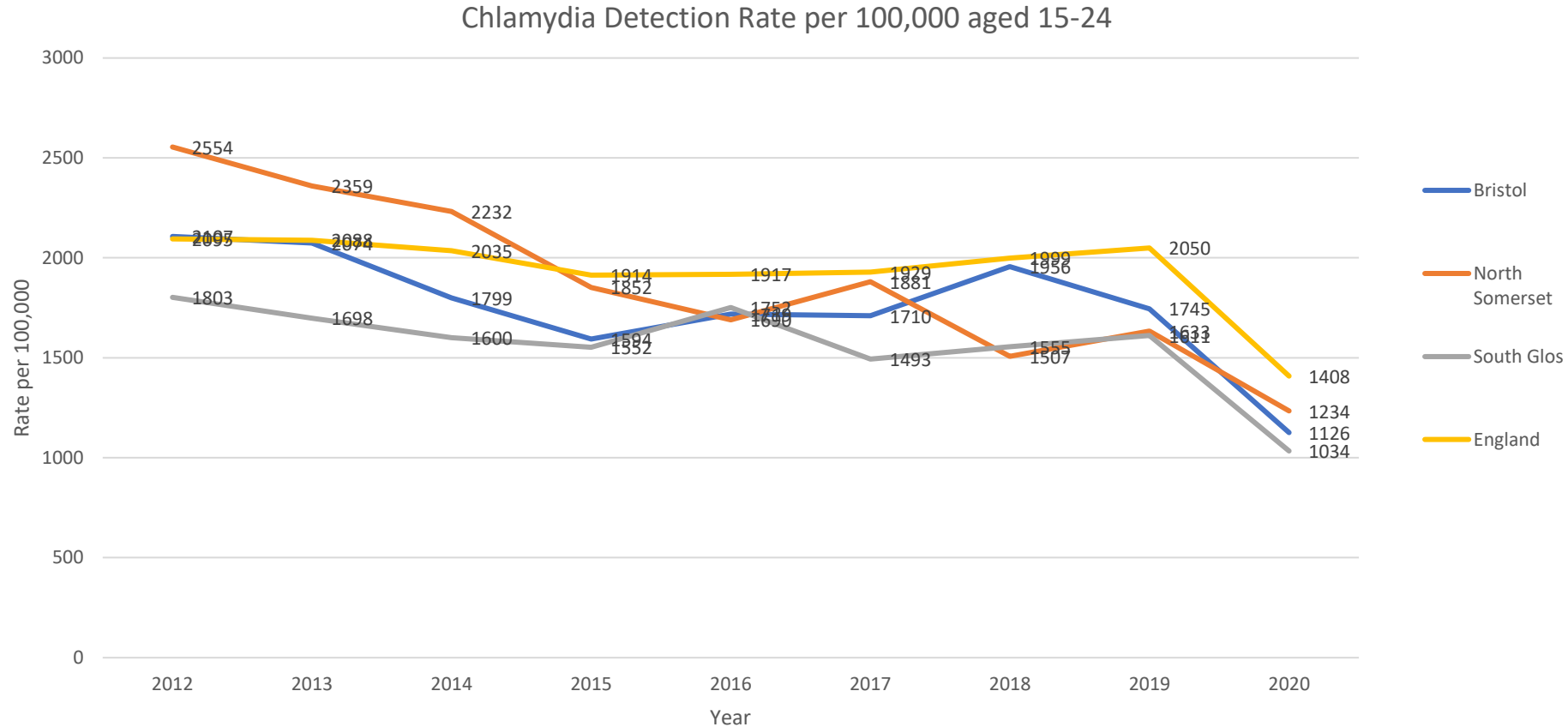
High and increasing rates of GP LARC in BNSSG compared to England. COVID impact is significant.



Crude rate of GP prescribed long acting reversible contraception excluding injections per 1,000 resident female population aged 15-44 years. Fingertips, December 2021.

# Chlamydia Detection Rate

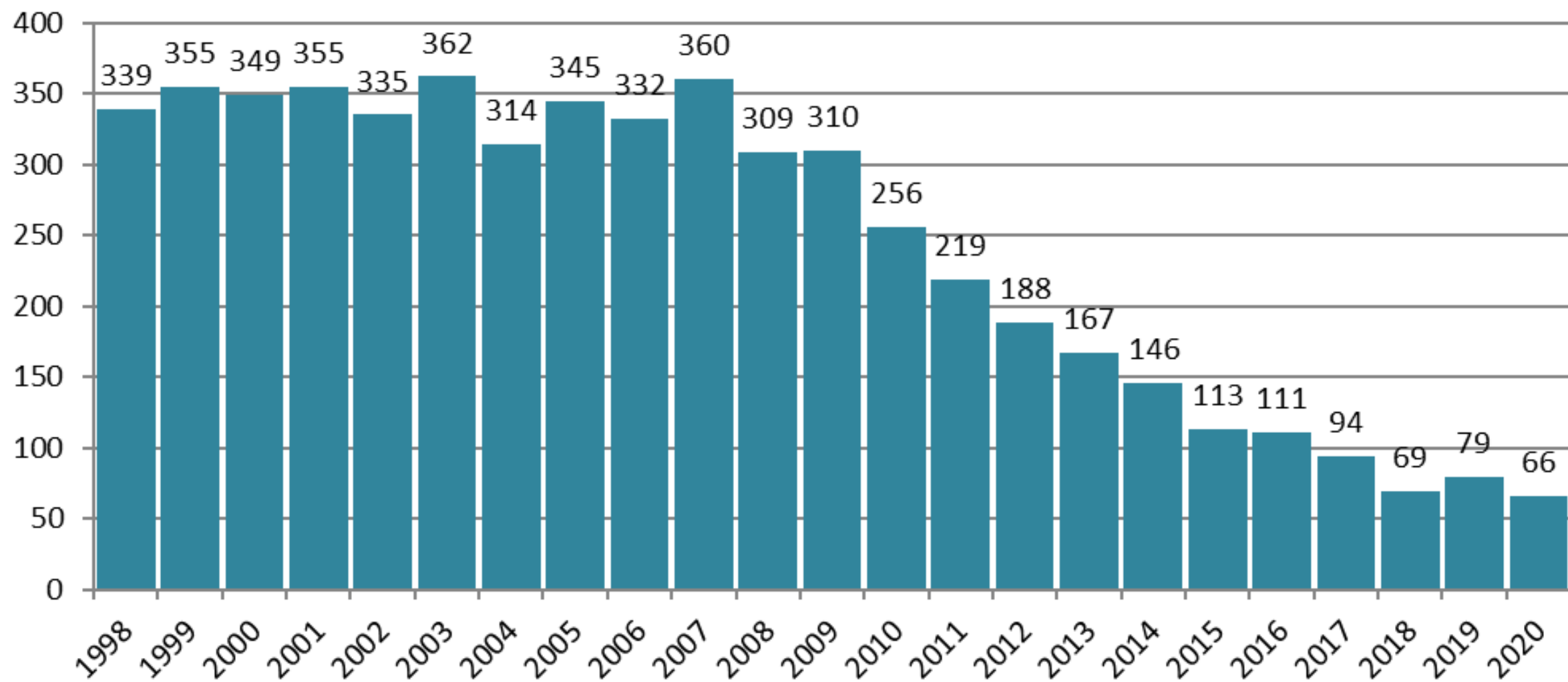
Detection rate remains lower than England average. Significant Covid impact in 2020 locally and nationally.



Chlamydia detection rate, BNSSG and England, via Public Health England Sexual and Reproductive Health Profiles, November 2021

## Teenage conceptions, numbers, Bristol 1998 - 2020

Source: Office of National Statistics





# Some of the Current issues

**Chlamydia screening** has changed- now just for young women

**Partner notification** for people having STI tests in primary care is coming.....

**LARC training & delivery**

**C Card registrations** low

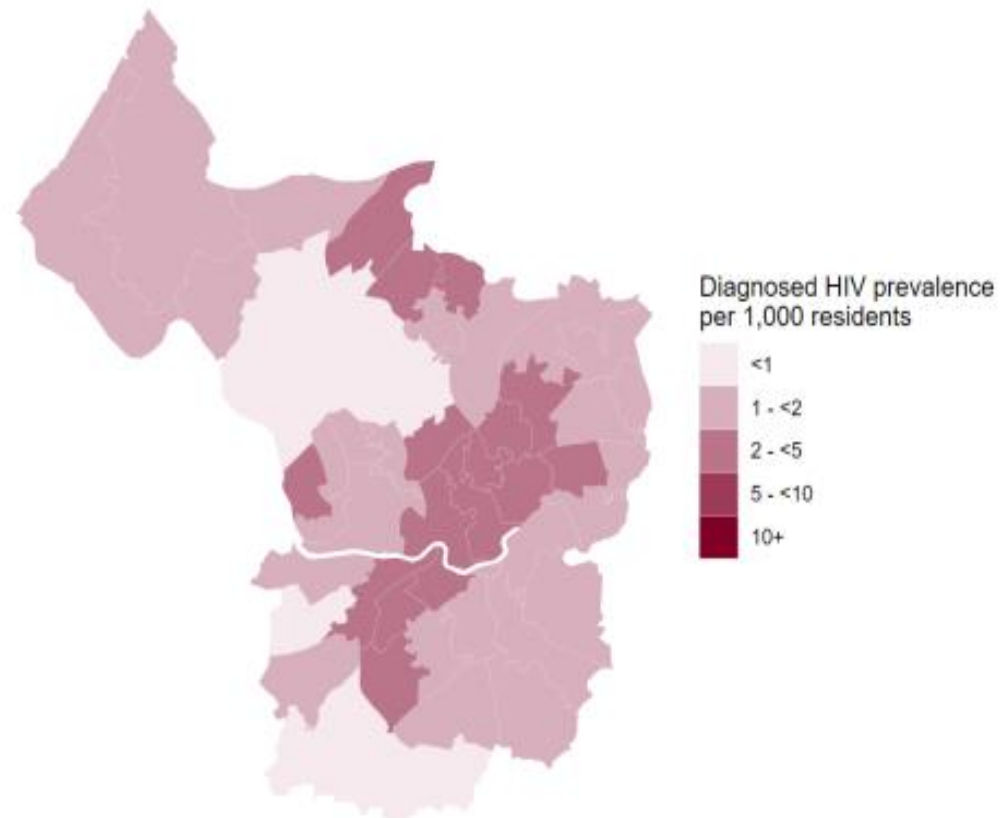
**Post partum contraception pilot** – in both acute trusts

**Recommissioning** sexual health services for 2024

# HIV and General Practice

- Bristol has a high prevalence of HIV
  - 40-50 diagnosed per year, but during Covid only 26 (2020)
  - 42% diagnosed late
  - Bristol Fast Track City- accelerating work locally around HIV
  - HIV Action Plan for England launched - aiming to prevent new cases by 2030
- 
- GPs have a key role to play :
    - Normalising testing** is key
    - Reducing stigma** is essential

# HIV in Bristol (2019 data)



Contains Ordnance Survey data © Crown copyright and database right 2019  
Contains National Statistics data © Crown copyright and database right 2019

Fig 2: Map of diagnosed HIV prevalence among people of all ages in Bristol by Middle Super Output Area.  
Source: via PHE Sexual and Reproductive Health Profiles December 2020

# What can GPs do about HIV?

## Normalise Testing

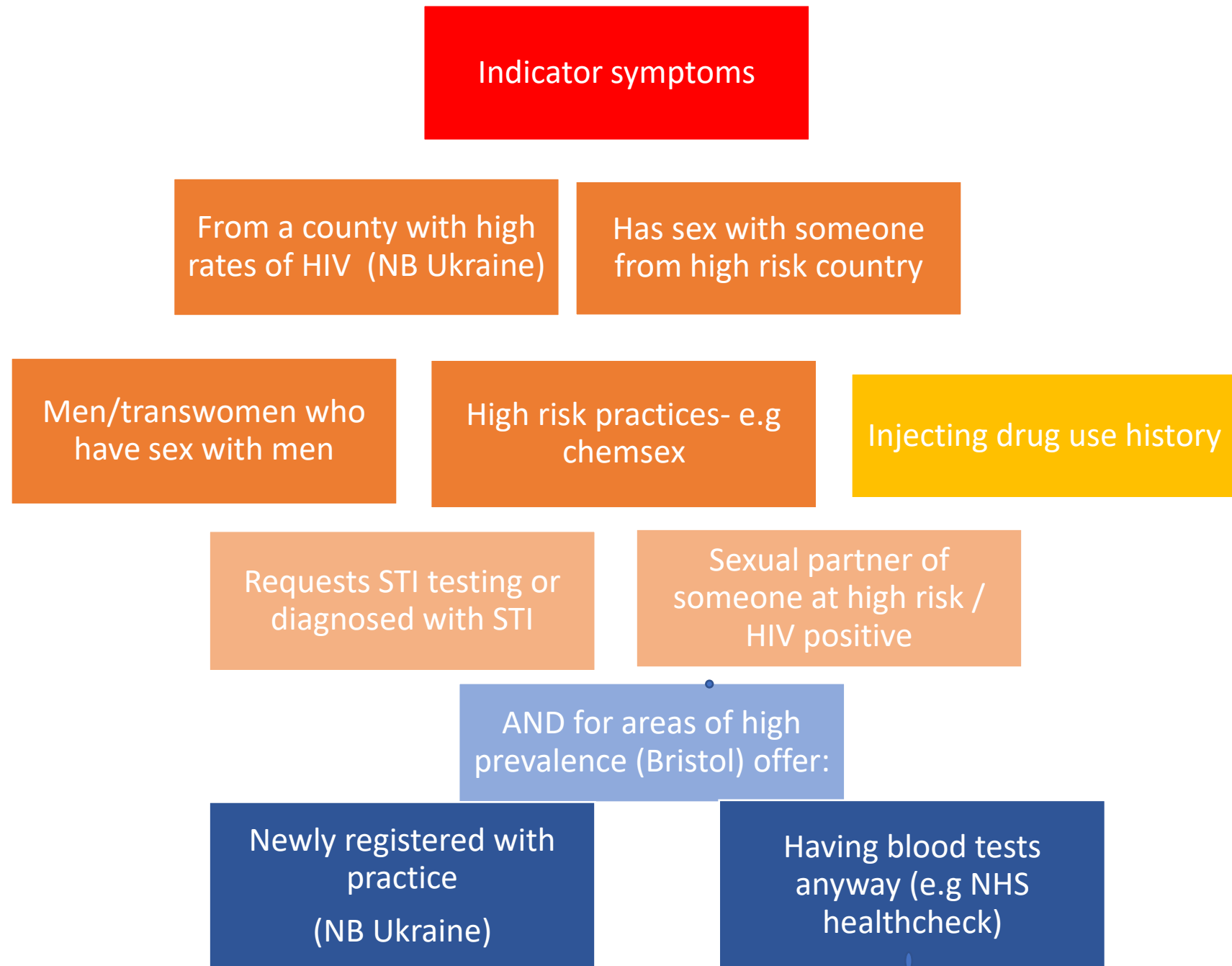
- No need to do pre test counselling
- If picked up early, people living with HIV can have normal life expectancy. Those diagnosed late have much worse outcomes
- HIV test is part of routine care- having a test doesn't impact life insurance/mortgage
- People who are HIV positive still able to get life insurance/mortgage

After test advice

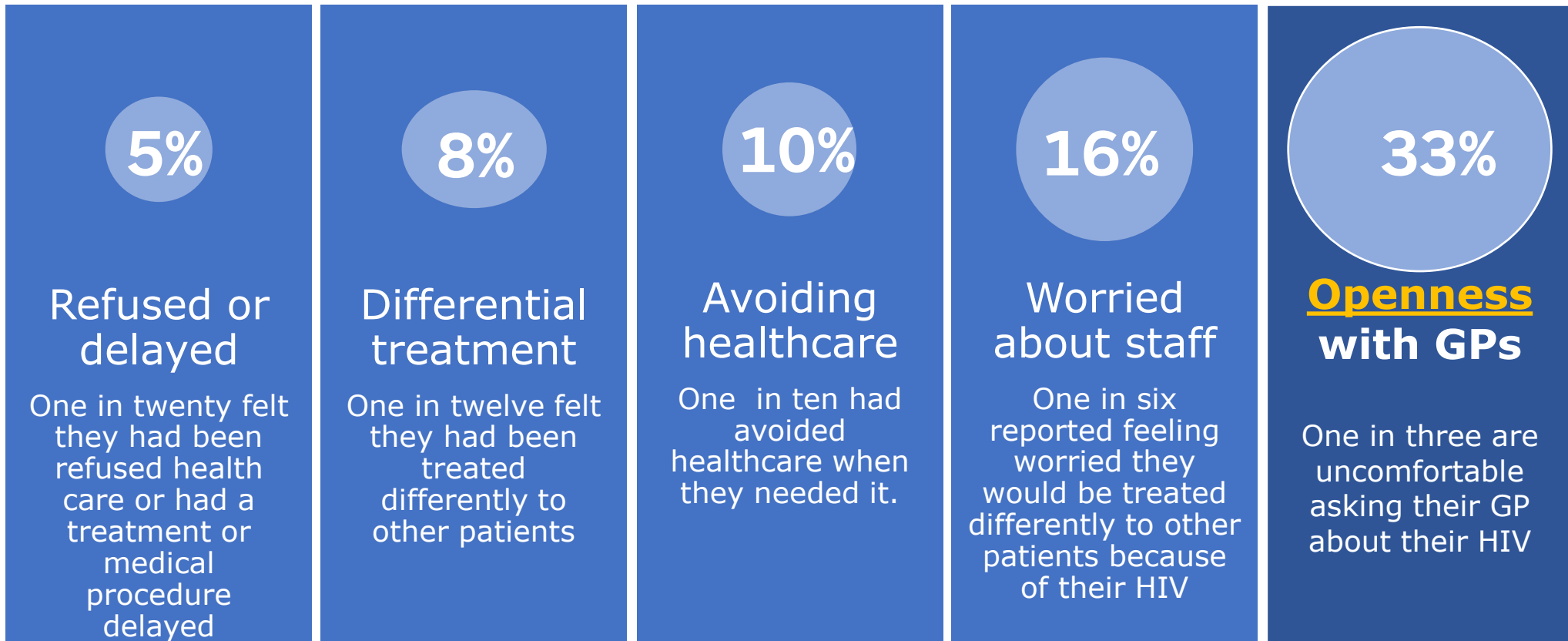
Condoms, PEP/PrEP

*May need to repeat the test e.g.if under 45 days since unprotected sex*

# Who to test?

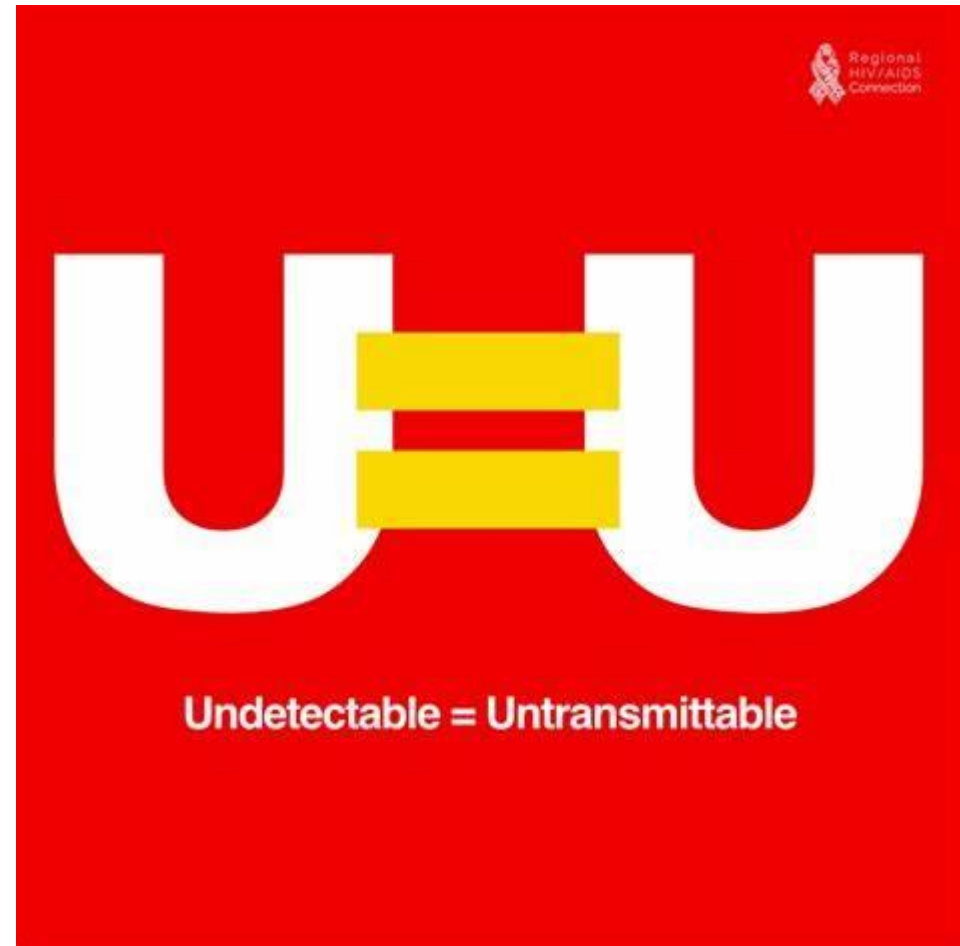


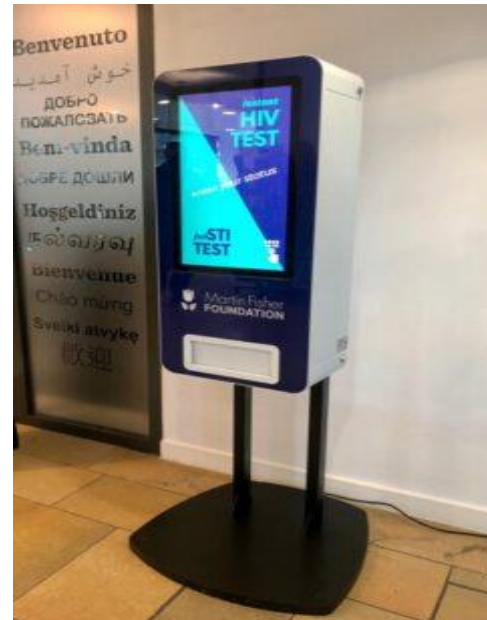
# HIV and stigma in healthcare



## UK Stigma survey

- Only 16% of people were aware that treatment stops transmission
- Only a quarter knew about PrEP







# BNSSG Sexual Health Needs Assessment



# Content of a Needs Assessment

We systematically consider

- **Data:** population demographics, risk factors, incidence of STIs, unplanned pregnancies
  - **What services/assets** are provided to meet needs and how these are performing and how do they compare with other areas
  - **What the evidence** and local/national policy says we should be doing
  - **What people think** (patients, the public, clinicians and other stakeholders )
- 
- ... And then we pull all of this together to work out what we need

# Your views

How can we improve sexual health in BNSSG?

Do we have any gaps in services?

What issues does general practice face in delivering sexual health services?

Poll (anonymous) .....

or please contact us with your thoughts:

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